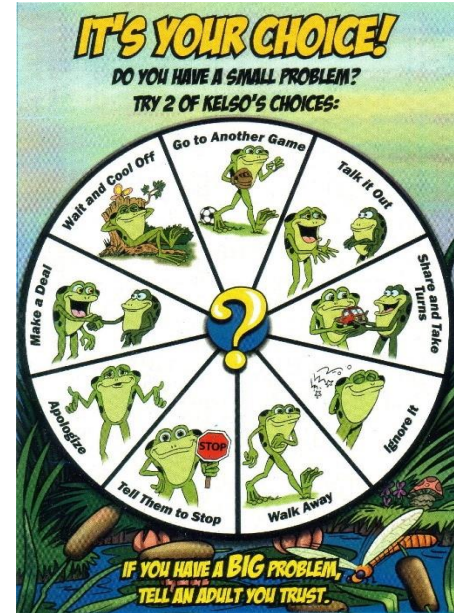


## Kelso's Choice

Kelso's Choice is a fun and engaging conflict management and resolution curriculum that teaches children the difference between big and small problems. The curriculum teaches skills to try to solve small problems on their own by choosing appropriate choices for a given situation. These choices empower students to understand the differences between big and small problems, work on self-advocacy skills, grow their critical thinking brains, and learn proper conflict resolution and why it is important.

Students are tasked with trying two choices on their own for small problems and taught to seek out a trusted adult for help if they are faced with a big problem or if two of the choices they tried were unsuccessful.

Kelso the frog is adored by students and the skills they learn at school can be used at home for a wonderful school-home connection.



## Second Step Program

Second Step programs are research-based, teacher-informed, and classroom-tested to promote the social emotional development, safety, and well-being of children. Second Step SEL (social emotional learning) is designed to help children thrive and be more successful in school by promoting critical thinking, naming feelings, understanding empathy, and exploring solutions. Ultimately, these skills set students up to be thoughtful and productive adults.

## Organic lessons

SEL classroom lessons taught by the counselor may also be created organically to touch on acute needs for a specific classroom, grade level or general student population.

